

Flu protection for all that is you

Get the flu shot to help you stay healthy



Everyone 6 months and older should get an annual flu shot. It's the best way to protect yourself and your loved ones from the flu. Get your no-cost flu shot starting **September 5, 2023**. You can even get the flu shot and COVID-19 vaccine in one visit at most locations. Find a convenient location near you at kp.org/flu.



Walk-in flu shots

Monday through Friday, 8:30 a.m. to 4:30 p.m. Schedule may vary by location. All locations closed for lunch from noon to 1 p.m. and all day on holidays, unless otherwise noted below. No appointment necessary for flu shots and COVID-19 vaccine at most locations.



Oahu*

Hawaii Kai Clinic
Honolulu Medical Office
Kailua Clinic – closed daily
from noon to 1:30 p.m.
Koolau Medical Office
Mapunapuna Medical Office
Moanalua Medical Center
Waipio Medical Office
West Oahu Medical Office

*Flu shots also available during in-person appointments at our **Kahuku, Maui Lani Elua, Kihei, and Wailuku** locations; no walk-ins.

Appointments required at **Waimea Clinic for the COVID-19 vaccine.

You can also ask your care team for a flu shot or COVID-19 vaccine at your next appointment.

Maui*

Maui Lani Medical Office

Hawaii Island**

Hilo Clinic
Kona Medical Office
Waimea Clinic

Kauai

Lihue Clinic



Weekend flu shot clinics

Starting September 9, visit a flu shot clinic at select Kaiser Permanente locations on **Saturdays (except holidays), 8 a.m. to noon.**

- COVID-19 vaccine also available
- No appointment necessary for flu and COVID-19 vaccine

Walk-in: Honolulu Medical Office, Maui Lani Medical Office

Drive-thru: Koolau Medical Office, Waipio Medical Office



We have the high-dose flu shot for adults age 65 and over. The CDC recommends that adults 65 years and older receive the high-dose flu vaccine for better protection against severe flu.

Days, hours, and locations are subject to change. Visit kp.org/flu for the most up-to-date information.



Scan this code or visit kp.org/flu for updates.

