

KEEP YOUR GUARD UP DURING FLU SEASON

Flu prevention hasn't changed in the time of COVID-19. According to the Centers for Disease Control and Prevention, the flu shot is recommended for those who are 6 months and older as the first and most important step in flu prevention. Flu season usually starts in October, peaks in December, and can last through the following May.



Go to one of these pharmacies or call your doctor to get a flu shot at no cost.

Kauai

Costco

Lihue Pharmacy

**Lihue Professional
Pharmacy**

Longs Drugs
All locations
including Target

Safeway
All locations

Walmart

Pharmacy list updated September 2022



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